

Name of the Element:

_Date Juice Extraction and Related activities_____

Name of Inventory: Pilot Inventory 1 _____

Serial No:

Brief Description

Date juice is sweet juice extracted from the Date Palm trees of the Bengal in winter. This is very symbolic and synonymous of Bengal winters. This Date sap is famous food over the peoples of the rural as well as the urban of Bangladesh. It contains high natural sugars and others natural nutrition. Numbers of others popular foods are also made from or using this Date sap like pitha, date Jaggery or Palm sugar, molasses, etc.

Date palm trees grow plentifully around villages in Bengal. Usually the date sap emits from the soft trunk of the top-most part of the date tree in winter. The bark and some pith of trunk are shaved everyday, very delicately, to make the juice or sap flow. Much like extracting rubber, an earthen container is hung at the shaved part of the tree to hold the juice, which collects juice overnight. In early morning of the next day, villagers collect the extract filled container.

Collecting date juice is almost exclusively a rural practice.

The juice can be collected for about four months of winter. From this juice different types of Patali and Lali molasses are made and sold in the market. There is an increased demand for date juice and molasses for winter cakes and pies. Here, per kg of date molasses and a jug of juice are sold at Rs 100 to Rs 150 per kg. But day by day this practice is decreasing in villages.

Region: valuka upazila, Mymensingh Division

Photographs: Video: Consent:

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